

## Vision

To bring Saskatchewan Indigenous cultural knowledge related to the life cycle into Indigenous communities in order to create spaces for Indigenous ways of knowing in the healthcare system. The vision is also to advocate for and create a community of knowledge and support by and for all Indigenous people anywhere on their educational journey.

## Mission

To create wholistic, culturally informed, strengths-based learning opportunities grounded in Saskatchewan Indigenous knowledge related to the life cycle.

## Goals and Objectives

To provide accessible, dignified training that is grounded in Indigenous ways of knowing related to the lifecycle with a focus on reclaiming cultural knowledge, traditions, and practices.

Provide training in Traditional End-of-Life Care for Indigenous clients and families in First Nations communities in Saskatchewan

## Program Overview

The Indigenous End of Life Support Worker Certificate was developed in response to requests from Saskatchewan Indigenous communities to provide learning in the area of traditional end-of-life care

Rooted in Indigenous ways of knowing related to the life cycle, this program centers cultural teachings, ceremony, language, and land-based practices. It supports communities in reclaiming traditional knowledge that was disrupted through colonization, including policies such as residential schools

The program bridges western end-of-life processes with traditional end of life ceremonies, customs, language, and traditions

## Community Impact

Supports incorporation of local and land-based End of Life practices into health services  
Indigenous End of Life Support

Contributes to TRC Calls to Action 18–24  
Indigenous End of Life Support

Strengthens culturally safe and holistic service delivery within healthcare systems  
Indigenous End of Life Support

# Indigenous End of Life Support Worker Certificate Program



FIRST NATIONS  
UNIVERSITY  
OF CANADA

**Northern Campus**  
1301 Central Avenue  
Prince Albert, SK.  
S6V 4W1

Supporting Life's Final Transition  
Through Indigenous Knowledge



## Program Requirements Structure

Total Credits: 18

Overall Program Average Required: 60%

Core Courses

- INHS 100 (3 credits)
- INHS 200 (3 credits)
- INHS 170: Fundamentals of Grief and Loss (3 credits)
- INHS 175: End-of-Life Care Support Worker (3 credits)
- INHS 179: End-of-Life Care Practicum (6 credits)

The program is delivered in person or remotely through synchronized delivery except for the practicum. This program is open to anyone to take.

## Learning Outcomes

Students will:

1. Develop understanding of grief, trauma, and loss from a grassroots Indigenous perspective.
2. Provide emotional, educational, cultural, spiritual, and practical support to individuals at end of life and their families.
3. Participate in community-based practicum placements in Indigenous communities and hospice or palliative care settings
4. Support families and healthcare providers in integrating traditional end-of-life practices into care.

## Core Competencies

Effective Communication:  
Respectful, culturally appropriate communication that centers listening, presence, family decision-making processes, and collaborative work with healthcare teams.

Core Professional Skills  
Building relational accountability, facilitating community learning, engaging in practicum experiences, documenting appropriately, and committing to lifelong cultural humility.

Cultural Competence and Safety  
Practicing community-specific, anti-oppressive, and culturally humble end-of-life care that respects Indigenous self-determination and spiritual autonomy.

Advocacy and Systems Navigation  
Advocating for culturally safe care and supporting Indigenous clients and families in navigating healthcare systems and institutional barriers.

Client- and Family-Centered Care  
Supporting culturally grounded, values-based decision-making while honoring confidentiality, consent, family roles, and ancestral connections.

## Career Pathways

End of Life Doula  
Grief Counselor  
Community Educator  
Hospice Volunteer Coordinator



## Admission Requirements

Students apply to be admitted to the Indigenous End-of-Life Support Worker Certificate through the Indigenous Health program, First Nations University of Canada.

Students may apply right out of high school with a minimum of 70% average and are required to meet the additional requirements listed under the undergraduate programs admission requirements from Canadian high schools section of the Calendar.

Mature admission may be granted to applicants for admission who have completed fewer than 24 credit hours of approved post-secondary courses, are Canadian citizens or permanent residents, and will be at least 21 years of age before the term begins.

Discover the admission requirements, deadlines, and documents relevant to you through our application guide on the University of Regina website (<https://www.uregina.ca>)

## Contact Us

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