

## Types of Student Registry

Discover the different types of student admission requirements, deadlines, and documents relevant to you in detail through our application guide on the University of Regina website.

## Contact Us

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## VISION

Support a safer transition between hospital and within community and revitalize land-based birthing preparation and follow-up in the community.

## MISSION

First Nation-based Indigenous Birth Support Worker Certificate Program prepares students to provide birth and breastfeeding support, land-based practices before and following birth, and parenting support within the community.

## GOALS/OBJECTIVES

The program focuses on enhancing and supporting current and future health professionals to deliver culturally safe and holistic services.

The program intends to:

- Provide training in local and place-based Indigenous practices in childbirth and pre-and post-natal care for Indigenous birthers and families in Saskatchewan First Nations communities.
- Work with primary care services to include aspects of land-based birthing into western health practice.

*Artist Credit: Larissa Kitchemonia (cover image)*

# Indigenous Birth Support Worker Certificate Program (IBWC)



**FIRST NATIONS  
UNIVERSITY  
OF CANADA**

**Northern  
Campus**

1301 Central Avenue  
Prince Albert, SK  
S6V 4W1

## Program Overview

The Indigenous Birth Support Worker Certificate Program (IBWC) is an 18-credit program that would primarily be offered at the Northern Campus, Prince Albert. Students must complete the Doula Certificate program and an in-community practicum working with birthing families.

Graduates of the program would attain skills in community education, family and social dynamics, cultural birthing customs and practices, and health practices. They would be able to provide workshops and teaching circles on various topics to the community and allied professionals.

The Indigenous Birthing Support Workers would have the primary skill to educate and assist licensed midwives and family physicians on land-based birthing, pre-birthing, and after-care as part of their primary care practice. Workers will assist communities in revitalizing Indigenous pre- and post-birthing practices in First Nations communities.

## Program Requirements

### Indigenous Birth Support Worker courses:

- **INHS 100** - Introduction to Indigenous Health Studies I (3 credits)
- **INHS 140** - Introduction to Community Birthing Education (3 credits)
- **INHS 145** - Introduction to Birth Practices (3 credits)
  - includes Doula Certificate training
- **INHS 149** - Birth Practices In the Community (6 credits)
- **INHS 200** - Traditional Indigenous Health Concepts (3 credits)

## Admission Requirements

### Prospective Students

This program invites Community Health Representatives and Community Family Support Workers to increase their scope of practice to include Indigenous Birthing support.

Students can apply for the Indigenous Birthing Support Worker Certificate through the Indigenous Health Program, First Nations University of Canada.

Students must also provide an updated Criminal Record Check dated within the last 6 months upon registration. A clean criminal record check is not required for admission.

Discover the admission requirements, deadlines, and documents relevant to you through our application guide on the University of Regina website.

Application Guide | University of Regina  
([uregina.ca](http://uregina.ca))

## Tuition

3 credit hours	\$ 914.85
6 credit hours	\$ 1,670.10
9 credit hours	\$ 2,425.35
12 credit hours	\$ 3,180.60
15 credit hours	\$ 3,935.85
Textbooks	\$ 1,200.00 (approx.)

Or check out the following link for the [Undergrad Tuition Schedule](#).

**For More detailed information regarding registration, tuition, and fees please contact:**

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Student Counselor  
Northern Campus  
p: 306.765.3333 ext. 7135 t: 1.800.267.6303  
e: [jnixon@firstnationsuniversity.ca](mailto:jnixon@firstnationsuniversity.ca)

## Birth Doula Certification

BIRTH DOULA CERTIFICATION is offered in the IBWC Program. Students will be given opportunities to meet the requirements of an International Birth Doula Certification Program.

Any Certification fees are separate from the University of Regina tuition fees. This certification is valid for four years from completion.

