

Indigenous Birthing Support Worker Certificate (IBWC) 2025 Schedule

Fall 2024 September - December	Winter 2025 January -April	Spring 2025 May-June
INHS 100 Face to face, online, or remote	INHS 100 Face to face, online, or remote	INHS 100 Online
INHS 200 Face to face, online, or remote	INHS 200 Face to face, online, or remote	
	INHS 140 Face to face or remote	
	INHS 145 16 hours of Doula Certificate Training Face to face or remote	
		INHS 149 Community Practicum In First Nations Communities & Hospitals
Preparatory Courses RDWT 120 INDG 104	Preparatory Courses RDWT 120 INDG 104	
	Total	18 credits

IBWC Weekly Schedule for Winter 2025

The Indigenous Birth Support Worker (IBWC) program is an 18-credit university option offered through First Nations University of Canada. The 18 credits run across five courses:

INHS 100: Intro to Indigenous Health Studies

INHS 200: Traditional Indigenous Health Concepts

INHS 140: Intro to Community Birthing Practices

INHS 145: Intro to Birthing Practices Includes Doula certificate training

INHS 149: Community Practicum in First Nations Communities and Birthing Centres (6 week field practicum)

The four courses are scheduled for two days per week for a **total of 13 weeks**. (As displayed below)

Following the completion of these four courses, the six-week community practicum takes place in part, within a birthing center in Saskatchewan during May & June.

Course	Monday	Tuesday	Wednesday	Thursday	Friday
INHS 100			5:30pm-8:15pm		
INHS 200			2:30pm-5:15pm		
INHS 140				8:30am-11:15am	
INHS 145				11:45am-2:40pm	

Students interested in going part-time can take INHS 100 and 200 remotely in the fall if they want to cut the program into three sections. Students who have been out of school for an extended period may want to take Preparatory Courses RDWT 120 and INDG 104.

Please see the following link for more details on [Academic Calendar & Program Guide - FNUniv.ca](https://www.fnuniv.ca/academic-calendar)