

# Indigenous Birthing Support Worker Certificate (IBWC) 2025-2026 Schedule

Fall 2025 September - December	Winter 2026 January -April	Spring 2026 May-June
<b>INHS 100</b> Wednesday 5:30 – 8:15pm	<b>INHS 100</b> Wednesday 5:30 – 8:15pm	<b>INHS 100</b> TBC
<b>INHS 200</b> Wednesday 2:30 – 5:15pm	<b>INHS 200</b> Wednesday 2:30 – 5:15pm	
	<b>INHS 140</b> Thursday 8:30 – 11:15am	
	<b>INHS 145</b> Thursday 11:30am – 2:30pm	
		<b>INHS 149</b> Community Practicum In First Nations Communities & Hospitals
<b>Preparatory Courses RDWT 120</b> <b>INDG 104</b>	<b>Preparatory Courses RDWT 120</b> <b>INDG 104</b>	
	<b>Total</b>	<b>18 credits</b>

## ***IBWC Weekly Schedule for Winter 2025***

The Indigenous Birth Support Worker (IBWC) program is an 18-credit university option offered through First Nations University of Canada. The 18 credits run across five courses:

INHS 100: Intro to Indigenous Health Studies

INHS 200: Traditional Indigenous Health Concepts

INHS 140: Intro to Community Birthing Practices

INHS 145: Intro to Birthing Practices Includes Doula certificate training

INHS 149: Community Practicum in First Nations Communities and Birthing Centres (6 week field practicum)

The four courses are scheduled for two days per week for a **total of 13 weeks**. (As displayed below)

Following the completion of these four courses, the six-week community practicum takes place in part, within a birthing center in Saskatchewan during May & June.

Course	Monday	Tuesday	Wednesday	Thursday	Friday
INHS 100			5:30pm-8:15pm		
INHS 200			2:30pm-5:15pm		
INHS 140				8:30am-11:15am	
INHS 145				11:45am-2:40pm	

Students interested in going part-time can take INHS 100 and 200 remotely in the fall if they want to cut the program into three sections. Students who have been out of school for an extended period may want to take Preparatory Courses RDWT 120 and INDG 104.

Please see the following link for more details on [Academic Calendar & Program Guide - FNUniv.ca](#)