

## ABOUT US

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Throughout the course development the *wāsākāmā* team works collaboratively with:

- Elders;
- Knowledge Keepers;
- Indigenous communities;
- Outside agencies; and,
- Our guidance circle.

The *wāsākāmā* project is a non-research community-led project. It consists of community consultations and participation, with university credit courses and continuing education micro-credential courses.



## *wāsākāmā* contacts

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## *wāsākāmā*

‘MAKE A CIRCLE’

END-OF-LIFE CARE IN INDIGENOUS COMMUNITIES



**FIRST NATIONS  
UNIVERSITY  
OF CANADA**



## BACKGROUND

The Indigenous Health Program at the First Nations University of Canada (FNUiv) partnered with the First Nations and Inuit Health Branch of Indigenous Services Canada (ISC). It initiated three new programs under a project called *wāsākāmā* ("Make a Circle"). The programs support bringing birthing back to the community and support throughout life. They include:

1. Indigenous Birth Support;
2. End-of-Life Care; and,
2. Sexual & Reproductive Health

The proposed courses will provide added support and training for Indigenous communities and people working in health support systems.

### *wāsākāmā* Programs

#### Indigenous Birth Support Worker

INHS 100  
INHS 140  
INHS 145  
INHS 149  
INHS 200

#### End of Life Support Worker (UD)

INHS 100  
INHS 170  
INHS 175  
INHS 179  
INHS 200

#### Sexual & Reproductive Health (UD)

INHS 100  
INHS 130  
INHS 135  
INHS 139  
INHS 200

#### *wāsākāmā* Support Worker Diploma (UD)

IBWC  
EoLC  
RHWC  
INHS 131, INHS 132, Languages, 9 Credit courses



The *wāsākāmā* team works under the Indigenous Health Program (INHS) through the First Nations University of Canada

The End-of-Life Care and Sexual & Reproductive Health Programs complement the existing Indigenous Birth Support Worker Certificate program (IBWC) offered through FNUiv.

The Indigenous Birth Support Worker Certificate Program (IBWC) is an 18-credit program offered at three campuses remotely, with a portion online. Students can take this program full-time over two terms or part-time across one to two years.

### Continuing Education - ICEC

15 IBWC badges work toward three micro-credentials:

- Beginner in Perinatal Support
- Intermediate in Perinatal Support
- Advanced in Perinatal Support

When taken along with two more badges, it creates a micro-certificate of **Advanced Perinatal Support**